# Day Night Sleep 200mm GX53 Globe

SKU: 120894

$44.95 (inc GST)

**Details**

Create a healthy living environment with the flick of a wall switch. Our Day Night Sleep Technology, found in the Live Well GX53 globe, allows to move from energising cool white light to a relaxing warm white and finally a warm white with reduced blue light to aid in the production of melatonin for better sleep.

4000K 1800LM – (Day) recommended setting on waking up and throughout the day.
2700K 1700LM – (Night) recommended setting 6 hours before bed.
2700K 350LM – (Sleep) recommended setting at least 2 hours before bed.

**Specifications**

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|---|---|
| SKU | 120894 |
| Globe Type | GX53 |
| Globe Shape | GX53 (Large) |
| Colour Temperature | Warm White/Cool White |
| Kelvins | 2700K/4000K |
| Wattage Max | 18W |
| CRI | >80 |
| Lumens | 1800 |
| Dimmable | No |
| Efficacy | 100 |
| Lighting Technology | LED Lights |
| Globe Quantity | 1 |
| Average Rated Life | 15,000 hours |
| Beam Angle | 120 degrees |
| Warranty | 3 years |
| Voltage | 240V |
| Brand | Lucci |